



# Gut Health: The latest research and trends

Feeling confused about the latest information on gut health? Want to find out what types of fibres and prebiotics you should be eating, including for mental health and immunity? Then join the AIFST WA Branch and invited speakers for this session on gut health.

## Speakers:

- Dr Tim Crowe
- Dr Josephine Muir
- Dr Jo Rees
- Charlotte Rowley
- Hayley Cullen

## WHEN

🕒 5:30pm - 8:30pm

📅 4th August 2022

## WHERE

📍 Curtin University - Ground Floor Auditorium and Exhibition, Building 500



Scan the code to register and for further information

## TICKETS

AIFST Members: \$35  
 Non-Members: \$65  
 Student Members: \$15  
 Student Non-Members \$25