

Mrs. Richa Thakkar

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Key Technical Skills

Adaptability	★★★★☆
Ability to grasp new skills	★★★★☆
Problem-Solving	★★★★☆
Sensory Testing	★★★★☆
New Product Development	★★★★☆
Laboratory Skills	★★★★☆
Quality Assurance	★★★★☆
Food Manufacturing	★★★★☆
Leadership	★★★★☆
Documentation	★★★★☆
Internal Auditing	★★★★☆
HACCP	★★★★☆
Food Safety	★★★★☆
GMP	★★★★☆
Recipe formulation	★★★★☆
Microsoft Office	★★★★☆
Critical thinking and problem-solving	★★★★☆
Training	★★★★☆
Leadership	★★★★☆
Communication Skills	★★★★☆
Ability to work in a team	★★★★☆

Internship

Project Intern	Public Health Laboratory, Surat, India	April 2014- May 2014
Project Intern	ESIC Hospital, Ahmedabad, India	October 2012- December 2012

Professional Membership

- Australian Institute of Food Science & Technology (AFSIT)
- Indian Dietetic Association Since July 2015 (A lifetime membership)
- Indian Association for Parental & Enteral Nutrition, IAPEN Since: April 2019 (A lifetime membership)

Participation and Volunteering

- Qualified for Gujarat State Eligibility Test (GSET/SLET).
- Secured 1st position in food designing and development competition on "Beat diabetes" held by the Indian Dietetic Association.
- Invited as a Speaker by the Institute of Bariatric Surgery, Surat, for the topic "Role of Carbs in Weight Management" in July 2018.
- Delivered a lecture on "Breastfeeding Promotion Week" in August 2012 at different universities in Surat.
- Delivered a lecture on "the importance of Nutrition" among Higher Secondary students at different schools in Surat.
- Served as a volunteer in Surat Pediatric Association Charitable Trust (SPACT) & Southern Gujarat Chamber of Commerce & Industries (SGCCI) for the Human Milk Donation Camp Organized in August 2012

Casual Work Experience

- Production Associate, April 2023
Organization: Marley Spoon, Australia
- Food packaging coordinator, September 2022
Organization: New Farm Confectionery, Australia
- Food Process Worker, September 2022
Organization: Lite N Easy, Australia

Projects & publications

- Development and Physio-chemical Analysis of Gluten-Free Functional Biscuits for Celiac Disease Patients.
- Effect of Amaranth Flour & Indian Gooseberry Fiber on Physio-chemical Rheological and Sensory Characteristics of Gluten-Free Functional Biscuits for Celiac Disease Patients. NeuroQuantology, August 2022, volume 20, issue 10, pages 650-670.
<https://www.neuroquantology.com/article.php?id=5507>

LinkedIn: <https://www.linkedin.com/in/richa-thakkar92/>

Profile

An accomplished and motivated professional with a Master's in Food Science and Technology and over five years of experience in the Food Science and Nutrition domain. Proven expertise in Quality Control, Academic Instruction, and Nutrition Counseling. Seeking a challenging career in the Food Science and Technology firm where I can apply my extensive knowledge and abilities to ensure adherence to industry standards.

Education

Master of Science (Food Science and Technology)	The University of Queensland, Australia	July 2022- December 2022
Masters of Science (Foods and Nutrition)	Sardar Patel University, India	July 2013- April 2015
Bachelor of Science (Food Science and Nutrition)	SNDT University, India	July 2010- April 2013

Professional Enhancements

Certificate Course	Clear To Work, Australia	SITXFSA006-Participate in Safe Food Handling Practices
Certificate Course	Clear To Work, Australia	SITXFSA005-Use Hygiene Practices for Food Safety
Certificate Course	Clear To Work, Australia	Allergen Management
Master Trainer Training	Urban Health and Resilience Centre of Excellence, Surat, India	Nutritional Management among HIV Patients in the Community
UGC Special Assistant Program	Post Graduate Department of Home Science, Sardar Patel University, India	Analysis of Dietary Supplements for Selected Nutraceutical Properties
Short Term Course	School of Baking, Anand Agricultural University, India	Basics of Baking
Certificate Course	Dr Mohan's Diabetes Education Academy (DMDEA), Indian College of Physician (ICP) & Indian Academy of Diabetes (IAD)	Diabetes Educator

Professional Experience

Quality Control Coordinator

Organization: Marley Spoon, Altona North, Melbourne, Australia.

Duration: July 2023 – Till Present

Responsibilities:

- Performed quality control checks and validation on food items. Conducted internal audits to ensure adherence to hygiene and sanitation practices for the food management system.
- Ensured compliance with FSANZ regulatory guidelines, as well as HACCP, GMP, VACCP, and TACCP standards.
- Reviewed production/operation specifications for accuracy and compliance

Assistant Professor

Organization: Sheth P. T. Mahilla College of Arts and Home Science, Veer Narmad South Gujarat University, Gujarat, India.

Duration: January 2018- July 2022

Responsibilities

- Have taught food science and Nutrition subjects to undergraduate and postgraduate students
- Successfully strategized, collaborated, and developed curriculum, documents, and reports for the institute. Coordinated seminars, workshops, and virtual sessions for students.
- Played a key role in problem-solving, project execution, and management. Promoted multitasking and versatile roles. Proven skill in evaluating student assessments and delivering constructive feedback.
- Provided students with skills training and education, resulting in the development of strong communication, positive attitude, and interpersonal abilities.

Maternal Nutrition Executive

Organization: Nestle India Private Limited, Randstad India

Duration: October 2016 – January 2018

Responsibilities

- Provided nutritional counselling to pregnant women, promoted Nestle Maternal Supplements, and facilitated stakeholder engagements. Organized free nutrition counselling, seminars, and workshops to bridge the gap between Nestle India and the local maternal community.
- Explained to doctors the Key ingredients and nutritional value of Nestle products and convinced them to prescribe Nestle maternal supplements

Dietician

Organization: Mahavir Cardiac Hospital, Surat, India

Duration: April 2016 - June 2016

Responsibilities

- Health Screening. Meal planning
- Documented dietary information of patients in-house and created personalized therapeutic meal plans. Offered tailored nutritional guidance according to their medical conditions.